# ELEVATE YOUR EXCELLENCE



### HOW YOU DO ANYTHING IS HOW YOU DO EVERYTHING

Great performance, whether at work or at home, starts with the little things: making your bed, organizing your closet, maintaining your yard, shooting a basketball, closing a deal. This workshop offers a foolproof approach to improve the often-neglected everyday disciplines like hydration, sleep quality, and mindset maintenance that can make all the difference in generating high-quality performance. Dave shares how to make simple and immediately actionable tweaks to begin doing ordinary things extraordinarily well to transform your life—in areas including:

- Winning your morning hours to set the pace of success for the day
- Improving mental toughness and staying locked in to what matters most to tackle your most challenging days
- Mastering intentional breathing and sleeping to add years to your life
- Improving your daily routines and rituals
- Learn to have good "crappy" days and perform well through life's challenges
- and more!

Workshop includes course workbook and breakout sessions for preparing action plans to put in place upon returning to your organization.

CLASS SIZE LIMITED FOR AN INCREASED INTIMATE, IMPACTFUL & INTERACTIVE EXPERIENCE. RESERVE YOUR SEATS TODAY.

## INVESTMENT

\$2400 per person. Includes three-day workshop, workshop materials, breakfast, and lunch each day. Does not include transportation or lodging.

## **VENUE**

The LearnToLead Elite Center - Located in Agoura Hills, California, 35 miles North of Los Angeles International Airport, and 15 miles from Malibu beach.

## REGISTRATION

Reserve your seats today through our Events page at www.LearnToLead.com or by contacting us at: 818-735-9503 or Hannah@learntolead.com.

# **ABOUT DAVE**

Dave is a renowned entrepreneur, international speaker, and author on personal and corporate performance improvement. The author of 16 books, most recently Elevate Your Excellence, he speaks 100+times a year, and his Game Changer Life Podcast is listened to in over 174 countries.

